

MINIMALISM

A DOCUMENTARY ABOUT THE IMPORTANT THINGS

HONORED GUEST

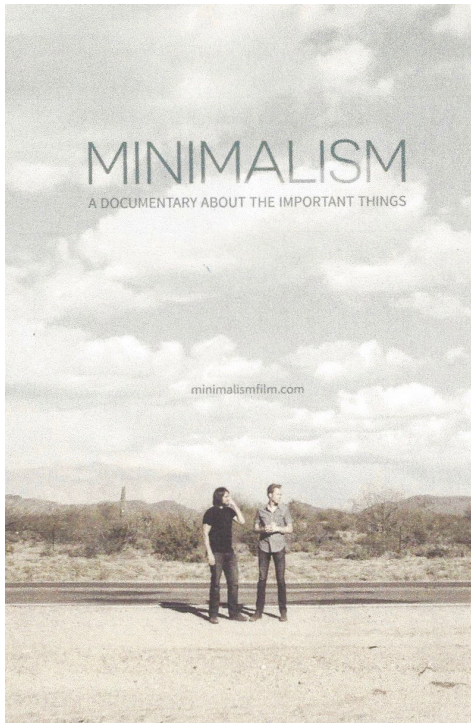
MATT D'AVELLA

MINIMALISM, DIRECTOR

Rye Country Day School Parents Association Environmental and Wellness Committee and the Rye Sustainability Committee host a screening of the documentary **MINIMALISM** at Rye Country Day School on Friday, 3rd of February 2017.

Can you envision a life with less? Less stuff, less clutter, less distractions, less discontent, less debt? Instead, imagine a life with more. More time, more meaningful relationships, more growth, more involvement, more contentment. A life unencumbered by the trappings of the chaotic world around you.

MINIMALISM A DOCUMENTARY ABOUT THE IMPORTANT THINGS, is a feature length documentary from the popular simple-living duo, The Minimalists. This #1 Indie Documentary of 2016, this film examines the many flavors of minimalism by taking the audience inside the lives of minimalists from all walks of life. **MINIMALISM** explores various recipes for how to live a more meaningful, deliberate life. Not a perfect life- not an easy life – but a simple one.



"Like Henry David Thoreau, but with Wi-Fi."
- *Boston Globe*

"Frugality so satisfying."
- *Wall Street Journal*

"Paring down, branching out."
- *Chicago Tribune*

"The joy of living with less."
- *BBC*

"The best way to find happiness is to
get rid of almost everything
- *CBS This Morning*

- **Screening Date: 3rd February 2017**
- **Refreshments: 6:00pm**
- **Screening Time: 6:30pm. The film runs for 80 minutes**
- **Q & A: 7:45pm. With film director, Matt D'Avella**
- **Location: Rye Country Day School, Memorial Hall**
- **This event is open and free to the public**

CHAIRS: Kerry Linderoth, Gretchen Kaye-Crowley and Sara Goddard

COMMITTEE: Carrie Berg, Jessica Brown, Sue Drouin, Lori Fontanes, Liz Garrett, Cali Gibbs, Melissa Grieco, Jung Chai, Hanna Cohen, Suzanne Clary, James Elkin, Dorian Feckl, Michele Gershwin, Lucia Girande, Julie Killian, Cathy Lee, Lynn Lee, Linda MacKay, Colleen Margiloff, Jane Ellen Moss, Brit Foster Rothstein, Stacey Simensky, Kelly Smith-Powers, Annalise Stack, Rose Dickson Stewart, Danielle Tagger-Epstein, Maria Talpins, Caroline Vary, Amy Wolff

- For free tickets register at: eventbrite.com
- **MINIMALISM** site and trailer: <http://minimalismfilm.com>